



Kate
Libby
Coaching

Budgeting for Independence

Description

Managing your expenses is key to building independence. In this class, we'll start by identifying spending areas that are important to you and your goals. We'll also dive into the value of money and the benefits of getting out of vagueness when it comes to your spending. Then, we'll learn strategies for tracking where your money is going and how to balance a budget. Once you've mastered the basics, we'll discuss tips for evaluating your purchases, thinking long-term through savings and how to align your spending with your values.

Details:

- 24-class series for adults
- \$250 per 1-hr class
- Classes can be taken in person or virtually

This class may be taken more than once to reinforce and scaffold skill building or focus on different aspects of the class goals.

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