



Kate
Libby
Coaching

Budgeting for Independence

Description

Managing your expenses is key to building independence. In this class, we'll start by identifying spending areas that are important to you and your goals. We'll also dive into the value of money and the benefits of getting out of vagueness when it comes to your spending. Then, we'll learn strategies for tracking where your money is going and how to balance a budget. Once you've mastered the basics, we'll discuss tips for evaluating your purchases, thinking long-term through savings and how to align your spending with your values.

Details:

- 1:1 class for adults, offered in semesters
 - Fall Semester: 14 weekly 1-hour sessions
 - Spring Semester: 14 weekly 1-hour sessions
 - Summer Semester: 10 weekly 1-hour sessions
- Rate: \$250/hour, billed hourly (10–14 hours per semester)
- Classes can be taken in person or virtually

Instruction is individualized to each participant's goals and pace. Participants may enroll for multiple semesters to reinforce and build on skills or focus on different aspects of the class goals.

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