

Creative Journaling + Vision Building



KATE LIBBY
COACHING

Discover your creative voice, reflect on your goals, and design a journal that inspires personal growth and expression!

Class Overview

This weekly class provides a space for creative expression and personal reflection through journaling, vision board design, and motivational projects. Each session is tailored to the participant's interests, allowing them to create unique pages that capture their ideas, inspirations, and aspirations. Through guided activities, participants will explore personal themes, organize thoughts, and express their vision in a creative and engaging way.

Facilitators provide creative guidance and support participants in expressing their ideas visually and reflectively. Participants explore their personal goals and inspirations through journaling and vision board design, developing a unique and self-directed creative record of their aspirations.

Reach out to our team to register or learn more about discovering your creative voice and developing your creative vision: info@katelibbycoaching.com

What Participants Will Create:

- A **vision board** reflecting personal goals and inspirations.
- Custom-designed pages with **motivational mantras or affirmations**.
- A **personalized journal** filled with artistic self-expression, goal-setting, and creative reflections.

How It Works:

- **Format:** Virtual, individual or small group sessions.
- **Schedule:** 6-month program; up to 2 hours per week
- **Rate:** \$225/hr, billed monthly
- **Materials:** A materials list will be provided, and participants can use what they already have at home.



Email to Register:

✉ info@katelibbycoaching.com

More information :

🌐 katelibbycoaching.com/classes